

# CLASSES WITH REQUIREMENTS THAT NEED TO BE COMPLETED BEFORE COMING TO CAMP:

Note\* Often if a scout has previously met a requirement, all that is needed is a note attesting to it. However, the validity will be determined on a case by case basis by the instructor. It is always a good idea to bring along documented proof of the completed requirement. I.E. photo evidence or a journal documenting 'over time' requirements. If you have questions please contact camp.

## **BSA LIFEGUARD-**

24. Show evidence of current training in American Red Cross First Aid (valid for three years) and American Red Cross CPR/AED for the Professional Rescuer (valid for one year) or equivalent (includes any training for a camp health officer recognized by BSA national camp standards).

## **CAMPING –**

9. Show experience in camping by doing the following:

- a. Camp a total of at least 20 days and 20 nights. Sleep each night under the sky or in a tent you have pitched. The 20 days and 20 nights must be at a designated Scouting activity or event. You may use a week of long-term camp toward this requirement. If the camp provides a tent that has already been pitched, you need not pitch your own tent.
- b. On any of these camping experiences, you must do TWO of the following, only with proper preparation and under qualified supervision:
  1. Hike up a mountain, gaining at least 1,000 vertical feet.
  2. Backpack, snowshoe, or cross-country ski for at least 4 miles.
  3. Take a bike trip of at least 15 miles or at least four hours.
  4. Take a nonmotorized trip on the water of at least four hours or 5 miles.
  5. Plan and carry out an overnight snow camping experience.
  6. Rappel down a rappel route of 30 feet or more.
- c. Perform a conservation project approved by the landowner or land managing agency.

## **CANOEING-**

1. Before doing the following requirements, successfully complete the BSA swimmer test: Jump feetfirst into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

## **COMMUNICATION-**

1. Attend a public meeting (city council, school board, debate) approved by your counselor where several points of view are given on a single issue. Practice active listening skills and take careful notes of each point of view. Present an objective report that includes all points of view that were expressed, and share this with your counselor.

## **EMERGENCY PREPAREDNESS-**

1. c. Meet with and teach your family how to get or build a kit, make a plan, and be informed for the situations on the chart you created for requirement 2b. Complete a family plan. Then meet with your counselor and report on your family meeting, discuss their responses, and share your family plan.

## **ENERGY-**

1. Conduct an energy audit of your home. Keep a 14 day log that records what you and your family did to reduce energy use. Include the following in your report and, after the 14 day period, discuss what you have learned with your counselor.
  - a. List the types of energy used in your home such as electricity, wood, oil, liquid petroleum, and natural gas, and tell how each is delivered and measured, and the current cost; OR record the transportation fuel used, miles driven, miles per gallon, and trips using your family car or another vehicle.
  - b. Describe ways you and your family can use energy resources more wisely. In preparing your discussion, consider the energy required for the things you do and use on a daily basis (cooking, showering, using lights, driving, watching TV, using the computer). Explain how you can change your energy use through reuse and recycling.

## **FIRST AID-**

1. Satisfy your counselor that you have current knowledge of all first aid requirements for Tenderfoot rank, Second Class rank, and First Class rank.

## **FISHING-**

9. Catch at least one fish. If regulations and health concerns permit, clean and cook a fish you have caught. Otherwise, acquire a fish and cook it.

## **INSECT STUDY –**

4. Do the following:
  - a. Observe 20 different live species of insects in their habitat. In your observations, include at least four orders of insects.
  - b. Make a scrapbook of the 20 insects you observe in 4a. Include photographs, sketches, illustrations, and articles. Label each insect with its common and scientific names, where possible. Share your scrapbook with your merit badge counselor.

## **LIFESAVING-**

Before doing requirements 2 through 15 successfully complete Second Class rank requirements 5a.-5c. and First Class rank requirements 6a., 6b. and 6e.

Second Class rank requirements:

- 5a. Tell what precautions must be taken for a safe swim.
- 5b. Demonstrate your ability to jump feet-first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 5c. Demonstrate water rescue methods by reaching with your arm or leg, reaching with a suitable object, and by throwing lines and objects.
- 5d. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.

First Class rank requirements:

6a. Before doing the following requirements, successfully complete the BSA swimmer test.

Jump feet-first into water over your head in depth, swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating).

6.b. Tell what precautions should be taken for a safe trip afloat.

6e. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water).

First Class requirements 9a through 9c

9.a. Tell what precautions should be taken for a safe trip afloat.

9.b. Successfully complete the BSA swimmer test.

9.c. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water).

### **MOTORBOATING-**

Do the following:

a. Before doing requirements 3 through 6, successfully complete the BSA swimmer test.

### **REPTILE AND AMPHIBIAN STUDY –**

8. Do ONE of the following:

a. Maintain one or more reptiles or amphibians for at least a month. Record food accepted, eating methods, changes in coloration, shedding of skins, and general habits; or keep the eggs of a reptile from the time of laying until hatching; or keep the eggs of an amphibian from the time of laying until their transformation into tadpoles (frogs) or larvae (salamanders).

b. Choose a reptile or amphibian that you can observe at a local zoo, aquarium, nature center, or other such exhibit (such as your classroom or school). Study the specimen weekly for a period of three months. At each visit, sketch the specimen in its captive habitat and note any changes in its coloration, shedding of skins, and general habits and behavior. Find out, either from information you locate on your own or by talking to the caretaker, what this species eats and what are its native habitat and home range, preferred climate, average life expectancy, and natural predators. Also identify any human caused threats to its population and any laws that protect the species and its habitat. After the observation period, share what you have learned with your counselor.

9. Do ONE of the following:

a. Identify at night three kinds of toads or frogs by their voices. Imitate the song of each for your counselor. Stalk each with a flashlight and discover how each sings and from where.

b. Identify by sight eight species of reptiles or amphibians.

### **ROWING-**

1. Before doing the following requirements, successfully complete the BSA swimmer test. Jump feetfirst into water over your head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

### **SMALL BOAT SAILING-**

1. Before doing the following requirements, successfully complete the BSA swimmer test.

### **SWIMMING-**

1. Before doing the following requirements, successfully complete Second Class rank requirements 7a-7c and First Class rank requirements 9a-9c.

Second Class rank requirements:

7.a. Tell what precautions must be taken for a safe swim.

7.b. Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.

7.c. Demonstrate water rescue methods by reaching with your arm or leg, reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.

First Class rank requirements:

9.a. Tell what precautions should be taken for a safe trip afloat.

9.b. Before doing the following requirements, successfully complete the BSA swimmer test.

Jump feetfirst into water over your head in depth, swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.

9.c. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water).

### **NATURE –**

4. Do all the requirements in ONE of the following fields:

#### a. Birds

1. In the field, identify eight species of birds.

2. Make and set out a birdhouse OR a feeding station OR a birdbath. List what birds used it during a period of one month.

#### c. Reptiles and Amphibians

1. Show that you can recognize the poisonous snakes in your area.

2. In the field, identify three species of reptiles or amphibians.

3. Recognize one species of toad or frog by voice; OR identify one reptile or amphibian by eggs, den, burrow or other signs.

d. Insects and Spiders

1. Collect, mount, and label 10 species of insects or spiders.
2. Hatch an insect from the pupa or cocoon; OR hatch adults from nymphs; OR keep larvae until they form pupae or cocoons; OR keep a colony of ants or bees through one season.

e. Fish

1. Catch and identify two species of fish.
2. Collect four kinds of animal food eaten by fish in the wild.