



The Klondike Derby for Alpine District is organized by youth
from the

**Order of the Arrow- Lamonti Tupso Illahee T'kope Kwiskwis
Lodge**

Camp Koinonia

January 26-28, 2024

•

850 Camp Koinonia lane
Off West Nelson Siding Rd

Cle Elum, WA 98922

509-674-5767

Interstate 90 Exit 78

<http://www.campkoinonia.org/>

If you have any questions or need additional info, please
contact

Brent Schmidt and Russell Schmidt
Jbssc1976@gmail.com

Contents

Online Registration..... 2

Cub Scouts at Klondike..... 3

OA Staffing Opportunities..... 3

Event Preparations and Health Notices..... 4

Check-In 4

Check-out and Campsite Clean-up..... 4

Winter Camping Safety 5

Event Schedule 6

Competition and Other Events 7

Required Equipment 8

Sled Protocol..... 10

Emergency Preparedness..... 11

Unit Check in Form 12

Online Registration

All Units are expected to Pre-Register by Wednesday January 26th, 2022. Online Registration and Payment is Available on the Alpine District website. We will not accept walk in registrations so please be sure to reserve for the expected number of Participants from your unit.

- **\$30.00 - Includes Patch**
- **\$10.00 Late Fee Per Person for any sign-ups after January 22nd at 11:59pm**
- This event is tent camping only cabins will not be available for rent.
- Registration deadline is January 25th, 2024 closing at 11:59pm

OA Staffing Opportunities: Please Refer to OA Staffing Opportunity

Cub Scout Registration: Refer to the Cub Scouts at Klondike Section

Cub Scouts at Klondike

Klondike is a challenging winter camping event designed to put your scout skills to the test. We ask that all units please reconsider using this event as a recruiting opportunity if they cannot adequately meet the requirements below.

- A Unit must be willing to have the Cub Shadow a unit throughout the duration of the Saturday activities.
- Cub scouts who wish to shadow a unit should make plans to register with the Unit Prior to the event.
- All cub scouts must have their Parent or Guardian Present with them for the duration of the time spent at the event.
- Cub scouts and Guardians are still expected to pay the full registration fee for the event unless units wish to subsidize their registration cost.
- Scouts who do not show up in proper winter outdoor gear will be kindly asked to leave the event. If you need help determining what gear to wear, please refer to the Winter Camping Resources Section of this Packet.

OA Staffing Opportunities

The Klondike Derby is %100 Planned and Executed by the Scouts of the Order of the Arrow. It is an amazing event for scouts to learn new leadership skills and understand the process of planning a large event. We encourage all scouts to consider trying this amazing learning opportunity.

All youth interested in Staffing Klondike should meet the following requirements.

- Be at least the Rank of First Class if not Higher.
- Have been nominated for the Order of the Arrow and Completed their Induction weekend.
- Not currently holding a leadership role such as SPL or Patrol Leader of an acting unit or Patrol at the event.

Please Email the Order of the Arrow Chapter Advisor and Klondike Coordinator Russell Schmidt if you wish to register as a staff member. Staff will have all food and meals cooked for them and will focus on Running the Programs during the duration of the event. All Staff will need to prepare to Camp individually in their own tents if needed.

Event Preparations and Health Notices

- **First Aid Notice:** Please review all cold weather first aid procedures prior to attending the event. There is a Huge Risk of Frost Bite and Hypothermia during the event if your unit is not verse in recognizing the signs and symptoms of cold weather ailments/injuries.
- **Competition Notice:** The Chili Cook-off will be mandatory this year please refer to the competition section for more details. The Design and Theme of your sled will play a crucial role in determining the winner this year.
- **Camping Notice:** All units should prepare for youth to sleep individually unless paired with a family member. For Safety Purposes, vehicles are not allowed at the campsites with no exceptions. All vehicles are expected to park in designated parking areas.
- **Bring Fire pans for Competition and for inside your campsite. Limited Firewood Available. Be Safe and bring some!** Be Prepared to extinguish and pack out your ashes.
- Units should bring large group water jugs. There is only one water spigot for the whole camp.
- All Scouts need to be completely outfitted for cold weather. Equipment should be checked to ensure good condition for the activity and proper maintenance while in use. Youth should be prepared for cold weather conditions before arriving to camp.

Check-In

Unit check-in will be conducted between the hours of 5:00 PM to 9:00 PM on Friday and between 7:00 am and 9:00am Saturday ... We are requesting Senior Patrol Leaders to Organize their units for temperature checks before checking their units into the event.

The Following items will be required at check-in:

1. **Unit Check-In Form:** Crucial for our Emergency Preparedness Planned
2. **Medical Forms A&B.** The Unit Leader is expected to have all medical forms present upon check-in. Please do not mail medical forms to the council office,
3. **Final list of patrols, including the patrol names.** This year we will accept patrols with up to but no more than 10 Scouts. The ideal size is about 8 scouts.

Check-out and Campsite Clean-up

Checkout hours are Saturday after the closing flags, and Sunday **Morning 7AM until 11AM.** Troops must have their campsites inspected by an OA Staff Member prior to Check Out.

- All Equipment and Trash must be removed from the premises.
- The SPL will organize a unit wide trash sweep across the campsite.
- Fire will have been extinguished and ashes packed out!

Winter Camping Safety

There is magic to camping in winter. It is one of the most challenging outdoor adventures. The Boy Scouts of America. Special considerations for winter camping are:

- **Qualified Supervision.** It is vital that a leader be an experienced winter camper with strong character and common sense.
- **Equipment.** Be completely outfitted for cold weather. Equipment should be checked to ensure good condition for the activity and proper maintenance while in use. Youth should be adequately clothed, and blankets/Sleeping Bags should be of suitable quality and weight.
- **Physical Fitness.** Youth should be suitably fit for the activity. Periodic rests while building snow caves and engaging in other strenuous cold-weather activities will help prevent accidents and overheating.
- **Hydrate.** Drink Plenty of Water to avoid dehydration!
- **Buddy System.** Having Youth paired aids in monitoring each other's physical condition and observation of surroundings and circumstances.
- **Planning.** Safe activities follow a plan that has been conscientiously developed. In winter, plan to cover no more than 5 miles per day on snowshoes or 10 to 12 miles on cross-country skis. Allow ample time to make it to camp at the end of the day.
- **Safe Area.** Leaders should determine whether an area for winter camping is well-suited and free of hazards.
- **Weather Check.** Weather conditions, potential hazards, and the appropriate responses should be understood and anticipated. Go to my.scouting.org for Hazardous Weather training.
- **Burning.** Never use flames in tents, teepees, or snow shelters. This includes burning any solid, liquid, gel, or gas fuel; using features of tents or teepees that support stoves or fires; and use of chemical-fueled equipment and catalytic heaters.
- **Discipline.** Rules are effective only when followed. All participants should know, understand, and respect the rules and procedures for a safe winter camping experience. Applicable rules should be discussed prior to the outing and reviewed for all participants when leaving for the winter campout.

All scouts in attendance are expected to adhere to the Guidelines of Safe Scouting and Youth Protection

Emergency Preparedness

- Tent Camping in the snow can be a challenging experience and it is extremely important all scouts understand the importance of dressing in the appropriate attire. Inadequate or improper clothing for winter weather conditions can result in cases of frostbite and hypothermia. Cotton kills, please avoid wearing cotton while snow camping.
- Equipment Shakedown before the event are highly recommended.
- Please Prepare all Scouts attending with the knowledge and training to recognize the symptoms of hypothermia and frostbite before attending the event.
- Please pay close attention to weather reports and drive in weather-appropriate vehicles.
- Ensure you have an accurate headcount of everyone in your unit and patrols.
- Please fill out the Unit check-in form before attending and provide it to staff at check-in.

Event Schedule

Friday Night

5:00pm Check in & Setup

9:30pm Cracker Barrel-Please Bring Snacks to Share

Saturday

7:00am-9:00am – Morning Check-in

7:30am – 8:00 am SPL/Scoutmaster Meeting

8:30am – 9:00am- Opening Ceremonies

9:00am – 12:00pm Stations

12:00 pm – 1:30pm Chili Cook- Off Required

1:30pm – 2:00pm Chili Cook-off Grading

1:00 pm – 2:00pm Unfinished Stations and Snowman Building Competition

2:00pm- 3:30pm – Iditarod Race

3:30pm – 5:00pm – Score Tabulation

3:30pm – 4:45 pm – Pack Up Camp if not staying Second Night

4:45 Closing Flags & Awards

We ask that you please be flexible with the schedule.

Sunday Morning

7:00am – 11:00pm – Checkout

Competition and Other Events

- **Fire Building: Coca Krispies**
- **11 Essentials: What Cereal did you bring?**
- **Knots: We couldn't come up with a cereal for this one**
- **First Aid: Rice Krispies**
- **Polar Bear Swim: Captain Crunch**
- **Human Knot: Cheerios**
- **Wiggle Woggle: Raisin Bran**

Iditarod:

- **Sleds must carry all required equipment.**
- **All members of the patrol must cross the finish line at the same time.**
- **Be Courteous Do not ram other sleds.**
- **Sleds will be judged prior to the sled race.**

Chili Cook-Off

For 15+ Years Alpine District has been cooking Chili at the Klondike Derby we have seen many great chilis come and go. Will your Chili go down into Klondike history as the holiest of all Chilis?

- The Chili Cook-Off is a Required part of the Competition.
- Chili Must be cooked in the parking lot by staff quarters not in camp.
- Units are allowed to share a chili between patrols, but patrols are encouraged to each have their own individual chili recipe.
- Pre-Cooking your protein at home is acceptable.
- Please Ensure you follow Food Safety Measures
- Please provide a list of ingredients with the chili submission
- Vegan and Red Chilis will be accepted.
- Cold Chili will be disqualified.
- Make it spicy and make it flavorful!
- Must be cooked in Dutch Oven
- Units must provide their own charcoal.

Required Unit Equipment

Sled Equipment

- The Ten Essentials
- Rope
- Scout Handbook
- Notebook and Pencil
- Two Wool/Fleece Blankets
- Camp Stove and Pot
- Patrol Size First Aid Kit
- Garbage Bag for trash
- Fire Starter/ Kindling
- Fire Pan (fire building station and chili cook-off)

Basecamp Equipment

- Large Group Water Jugs- There is only one water spigot in Camp.
- Fire Pan – There is not fire pits at campsites-Limited Firewood
- Dutch Oven and Charcoal – Cook-off is required this year.
- Makings for a Dutch Oven Chili

WITHOUT THE ABOVE ITEMS, YOU MAY NOT BE ABLE TO COMPLETE SOME OF THE ADVENTURES YOU MAY ENCOUNTER. SO, BE PREPARED!

Required Individual Equipment

“COTTON KILLS” out of the things you can cut corners on when it comes to winter camping the materials you wear are not one of them. Cotton retains moisture longer, does not keep you warm when wet and increases the chances of you getting Hypothermia or frostbite.

- Moisture Wicking Base-layers Top and Bottom
- Insulating Mid-layers
- Waterproof Shell/Outer Layers (Top and Bottom)
- Waterproof Winter Boots (Preferably Insulated)
- Waterproof Winter Gloves (Multiple Pair Recommended)
- Minimum 3 Season Tent
- Sleeping Pad with high R-Value

- Winter 15 degree or below Sleeping Bag with fleece bag liner.
- Wool Socks- Multiple Pairs
- Micro spikes or Yak-Trax. (not required but can be very helpful)
- Gaiters (not required but very helpful at keeping snow out of boots)

WINTER CAMPING RESOURCES

<https://www.rei.com/learn/expert-advice/tips-for-dressing-your-kids-in-winter.html>

<https://www.rei.com/learn/expert-advice/gaiters.html>

<https://www.rei.com/learn/expert-advice/snowshoes.html>

<https://www.rei.com/learn/expert-advice/what-is-down-fill-power.html>

<https://www.rei.com/learn/expert-advice/snow-gloves-and-mittens--how-to-choose.html>

<https://www.rei.com/learn/expert-advice/winter-camping.html>

<https://www.rei.com/learn/expert-advice/how-to-dress-in-cold-weather.html>

<https://www.rei.com/learn/expert-advice/how-to-keep-hands-warm.html>

<https://www.rei.com/learn/expert-advice/freezing-level-vs-snow-level.html>

<https://www.rei.com/learn/expert-advice/layering-basics.html>

<https://www.rei.com/learn/expert-advice/down-vs-synthetic.html>

<https://www.rei.com/learn/expert-advice/insulated-outerwear.html>

<https://www.rei.com/learn/expert-advice/sleeping-pads.html>

<https://www.rei.com/learn/expert-advice/family-base-camping-tent.html>

<https://www.rei.com/learn/expert-advice/sleeping-bag.html>

<https://www.rei.com/learn/expert-advice/sleeping-bag-liners.html>

<https://www.rei.com/learn/expert-advice/understanding-sleeping-bag-temperature-ratings.html>

<https://www.rei.com/learn/expert-advice/how-to-prevent-condensation-in-a-tent.html>

Sled Protocol

Sleds must be constructed entirely by patrols. Shopping carts, 55-gallon drums, etc. -are not considered to be constructed by the scouts. Store bought sleds will be allowed but will not receive any point recognition. For reference on how to construct Klondike Sleds, see Boy's Life reprints or other winter camping resources.

The following plan is for a sled that has minimum and maximum dimensions as shown. The sled below is shown as a guide. Your own design may be used if it conforms to the minimum and maximum dimensions. Make sure the sled is strong enough to bear the weight of your equipment and one Scout will hold together for a long trip. It is best to use screws rather than nails. Drill first to avoid splitting wood. The sled shown uses a single piece runner. Skis or multiple runners may be used. Varnish bottom of runners and wax before using. Wire netting or a canvas snow curtain may be added to prevent items from falling off the sled.

Secure a towing rope at the front.

In past years, the biggest safety problem has been protrusions, like a "push bar" at the rear of the sled, accidentally striking a scout. This year, we ask that you examine your sled for any potential safety problems. The push bar should not protrude more than 6" on each side of the sled. We also ask that no "temporary" additional push bars be placed on the sled during the race. If any member of the Klondike staff notices an illegal protrusion, your sled will be subject to immediate modification.

You can "pad" handles and sharp corners with neoprene foam rubber pipe insulation secured with duct tape, available at hardware or lumber stores.

When constructing the sled please only use bolts, screws or Lashings. Nails will not hold the sled together.

Item	Label	Quantity	Dimensions
Runners	A	2	1" x 4" x 6'2"
Uprights	B1	2	1" x 4" x 3'6"
	B2	2	1" x 4" x 2'8"
	B3	2	1" x 4" x 1'9"
	B4	2	1" x 4" x 10"
Upright Supports	C	8	2" x 4" x 4"
Cross Supports	D	6	1" x 4" x 1'5"
Floor Strips	E	4	1" x 4" x 6'
Handrails	F	2	1" x 2" x 7'
Front Supports	G	2	1" x 4" x 6"



