

Camp Sheppard



Winter Camp 2024

Cub Scouts & Scouts BSA Leader's Guide

A Letter from the Camp Director



Fellow Scouts and Scouters,

Welcome to the wonderful world of Winter Camp at Camp Sheppard! Camp is a unique place where youth and adults build memories and friendships that last a lifetime. Camp Sheppard will act as your base for exciting alpine adventure. The weekend will be packed full with activities and experiences that help youth grow.

Camp Sheppard is operated by the Chief Seattle Council as an outdoor education center, as well as an alpine camping experience for scouts of all ages. Established for youth activities in 1947, camp has been in continuous operation ever since. Camp Sheppard has an impressive history of outdoor adventure, as well as environmental stewardship through partnerships with the National Forest & National Parks Service. Nestled deep in the heart of the Mt. Baker-Snoqualmie National Forest, and in shadow of Mt. Rainier it is hard to find a more suitable location for adventure in the out-of-doors.

This Leader's Guide has been crafted to help prepare you for a successful scout outing in our beautiful alpine setting. Among these pages you will find information on registration, camp accommodations, what you need to bring, program offerings, as well as directions to camp. Please feel free to reach out with questions!

Our staff is excited to host you for a weekend of scouting experiences you wont soon forget. In the Shadow of the Mountain!

Yours in Scouting,

Torin Bergsma, Camp Sheppard Director

Chief Seattle Council – Boy Scouts of America

65301 SR 410 East

Enumclaw, WA. 98022

P (360) 663-2223

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Camp Sheppard

2024 Winter Camp Leader’s Guide

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Updated: 10/14/2023 –T.J.B.



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Know before you go!

Reservation Information

Chief Seattle Council Camping Department

3120 Rainier Ave. South

Seattle, WA 98144

Camping Registrar: Melissa Ranken

(206) 725-0361 or campingdept@seattlebsa.org

Program and Facilities

Camp Sheppard

65301 State Rout 410 East

Enumclaw, WA 98022

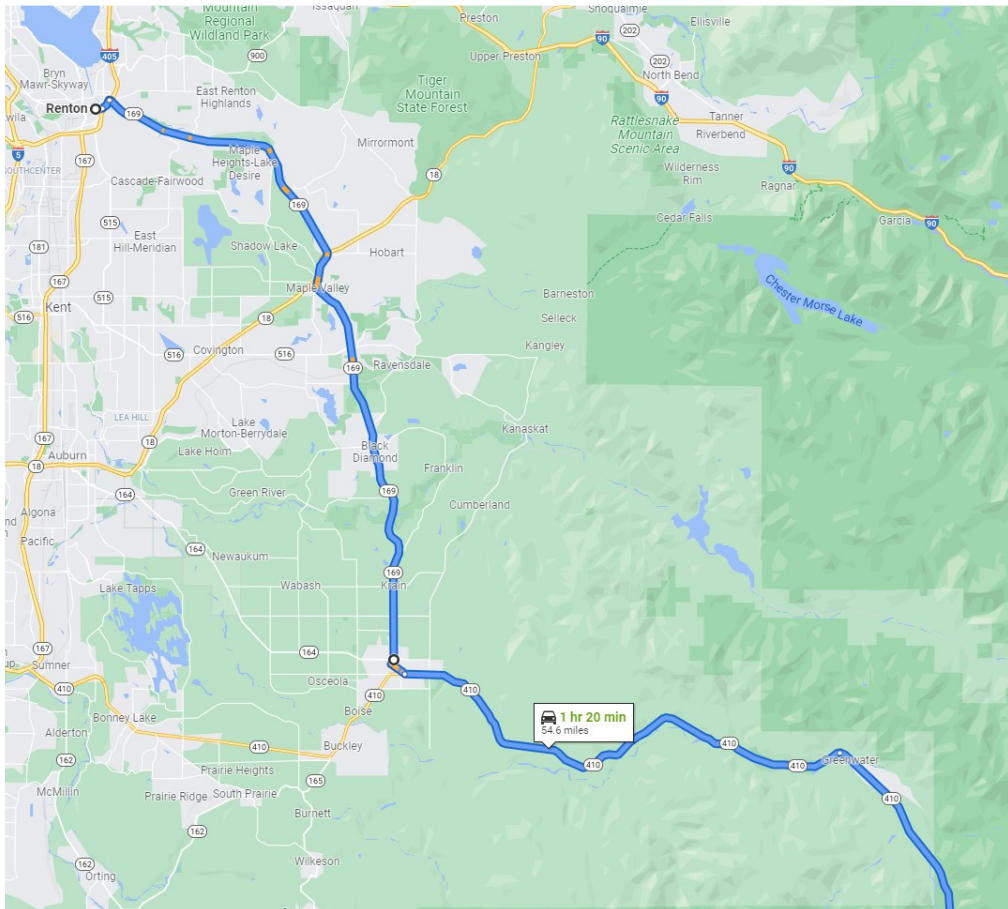
Camp Director: Torin Bergsma

(360) 663-2223 or tbergsma@seattlebsa.org

Directions to Camp

From Seattle:

Take I-405 toward Renton. Exit I-405 for Highway 169 (Maple Valley Highway). Proceed on Hwy 169 through Maple Valley and Black Diamond to Enumclaw. Take a left onto Highway 164 and proceed to the intersection with State Route 410. Take a left onto SR 410 and drive eastbound approximately 28 miles. Proceed past mile post 52 by 1/2 mile and turn left into the camp driveway (marked immediately before with a blue reflective sign).



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Know before you go!

Road Conditions

Camp Sheppard is located along the Mather Memorial Parkway (SR 410) at about 2,500 feet elevation. Conditions in the winter vary from bare and dry to heavy snow and ice in a matter of hours. Our chief concern is the safety of participant and staff. For up to date road conditions and weather please visit the Washington State Department of Transportation website prior to departing for camp. Updates are also made to the Chief Seattle Council website when appropriate or in the event a session must be cancelled due to unsafe conditions.

Between November 1st and April 1st the WSDOT requires tire chains in all vehicles without all-wheel drive on State Rout 410.

Parking

The camp parking lot is small and shared with a public trailhead. Please carpool if possible to help ensure all have room to park. Camp staff members will greet you in the parking lot and direct you to the main lodge for check-in. Carts & wheel barrows are available to transport gear to your cabin. No vehicles are allowed past the camp gate.

Check-In at Camp

Upon arrival at camp, staff members will direct all youth and adults to the main lodge for check-in. Adult leaders should come prepared with their unit number, a roster of those attending camp, and the BSA Medical forms for each Scout and Adult to be review with the Camp Director or Medic. Once checked in you will be directed to your cabin for the weekend. At 9:00pm on Friday evening there will be an Adult Leader/Senior Patrol Leader meeting held in the lodge to answer questions about the camp program and assign meal times. One adult leader minimum should attended from each cabin.

COMMUNICABLE DISEASE & Winter Camp

Camp Sheppard has worked hard to prepare a fun and safe program for every Scout who attends Winter Camp. If any youth or adult has symptoms, fever, or have been in known contact with an individual with a communicable disease the vehicle will be sent home. For up to date guidelines please contact the camping department.

Insurance

Chief Seattle Council provides accident insurance for it's units. Units coming from other councils must have proof of insurance coverage, which should be provided by their council.



Registering for Camp

Reservations

Reservations for camp programs are made online through seattlebsa.org on a first come, first serve basis. Full payment is due upon registration. For payment options please contact the Camping Department.

When registering you will be prompted to log-in to the registration website. If you do not have an account please create one, and proceed to register.

Cub Scout Packs and Scout Units may register as a group or separately. We will do our best to group Scouts and Scouters from the same unit in cabins together. Provisional scouts are not allowed at Winter Camp without at least one parent or guardian.

Fee Schedule

| Options | Nights | Meals | Scouts/Scouters |
|---------------------------------------|--------|-------|-----------------|
| Friday Night Arrival | 2 | 4 | \$140.00 |
| Saturday (Cub Scout Only Day Program) | 0 | 2 | \$85.00 |
| Cabin Buy-Out (16 Beds) | 2 | 4 | \$2,240.00 |

Cabin Buy-Out

Packs and Scouts BSA units that would like to be guaranteed their own cabin can opt to “buy-out” an entire cabin. Group reservations are required to take advantage of this option. Male and female participants are housed separately. A cabin buy-out includes housing for 16 individuals.

Forms

All youth and adult participants must arrive at camp with a complete BSA Annual Health & Medical Record (Parts A, B1, & B2). Winter Camp is not more than 72 hours and does not require Part C (Doctor’s Physical). Day participants will be asked to keep your medical form with you throughout your time at camp in case of a medical emergency. Overnight participants will turn in their medical forms to the Camp Health Officer.

The B.S.A. health form can be found at: <https://www.scouting.org/health-and-safety/ahmr/>

Refund Policy

For the current Chief Seattle Council Refund Policy applicable to Winter Camp please visit the council website, or contact the Camping Department at campingdept@seattlebsa.org.

Program Options

Friday Night Arrival: This option is for a full weekend of fun! It includes four meals (Breakfast, Lunch, Dinner Saturday & Breakfast Sunday), and two nights at camp.

Saturday (Cub Scout Only Day Program): This option is for scouts who are not yet comfortable with overnight camping, and is a day long program. It includes two meals (Saturday Lunch & Dinner), and no overnight.



Accommodations

Bathrooms

Two central bathroom & shower facilities are available for use at camp. One for males and one for females. Bathrooms are open to use 24 hours, and shower facilities are scheduled for youth and adult use (odd and even hours). Paper products and soap are stocked. Other toiletries are not provided, and campers should bring their own for bathroom and shower needs.

One camper bathroom is available in the main lodge.

Cabins

Equipped with eight heated cabins Camp Sheppard is the perfect place for scouts and scouters to enjoy a week-end of fun in the snow. Each cabin has bunks with a camp mattress (bedding is not provided or available). Male and female youth will be housed separately. Separate bunk rooms at the back of the cabin are available for adult accommodations. Unless you or your unit reserve an entire cabin your unit may be split between multiple cabins. For information on Cabin Buy-Outs please contact the Camping Department.

Please update your online account with any changes in registration, including female leaders attending camp. This impacts the manner in which accommodations are allocated. We can not guarantee that female leaders are housed in the same cabin as male you and vice versa.

Dining Hall

Camp Sheppard's Dining Hall/Lodge is a perfect place to warm up at meal time, or get a cup of hot cacao & coffee during the day. The dining room is quaint and seats about 70 campers at a time. For that reason cafeteria style food service is offered, and meals are served in shifts.

Meal Shift Program

On Friday evening during the 9:00 meeting cabins will be assigned to a specific meal rotation. It is important that scouts and scouters show up during their assigned meal time, as the kitchen prepares food for each service based on these assignments. Please feel free to reach out to the Camp Director with questions regarding food service.

Dietary Needs

The camp kitchen can provide meals that consider common dietary needs such as vegetarian, peanut free & gluten free. Please submit information on all dietary needs one week prior to attending camp through the online registration system. Attendees with more complex needs can bring their own special foods & store them in the camp kitchen where refrigeration is available.

Peanut Policy

No peanut products, including peanut oil, will be used in the meals, snacks, cracker barrels, or any other food service provided in the dining halls of Chief Seattle Council camps.

While this prohibition is in place in the dining halls, those with allergies must be aware that camp trading posts may contain some peanut products. It is also important to note that peanut products may be brought to camp by individual Scouts or leaders without the knowledge of the camp staff or the Chief Seattle Council.



What to Bring

Units

- Roster of Participants (2 Copies)
- Self guided crafts or board games
- Unit advancement materials (for unscheduled times)
- Scout Books
- First Aid Kit
- Bicycle helmets (required for tubing activities)
- Fire starting materials

Scouts & Adults

- **Annual Health & Medical Record (Part A, B1, & B2) for each Youth and Adult**
- Plenty of warm clothes including socks, sweatshirt & waterproof jacket/pants (clothes will get wet!)
- Gloves & Hats
- Waterproof boots (snow boots recommended)
- Sleeping bag & camp pillow
- Bicycle helmet (required for tubing activities)
- Flashlight
- Toiletries & towel for the showers
- Shoe traction devices
- 10 Essentials (Scouts B.S.A.)
- \$50 for the Trading Post and advancement offerings
-

NOTE: Camp will provide inner tubes. No sleds are allowed in camp.

Prohibited in Camp

Camp Sheppard is a dry facility. No alcohol or illegal drugs are permitted on the premises. Camp is located on federal land and is subject to federal law. Marijuana is not permitted anywhere on National Forest Service land.

Pets are not allowed at Chief Seattle Council properties. Scouts or Adults with service animals will be accommodated. Please contact the Camp Director at least one week prior to your visit to discuss how we can best serve you!



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Saturday Arrival (Cub Scout Day Program)

Arrival

Cub Scout day program participants may begin arriving at 7:30am and must be checked in by 8:30am. Staff members will greet you in the parking lot, and help you check-in.

Upon arrival participants will be directed into camp. At 8:40am an opening flag ceremony will be held and staff members will explain their program offer. Then we will dismiss participants to the activities of their choice for the day. Scouts can decide what they want to do and when they want to do it!

Departure

Program and meals will run from 9:00am to 7:00pm. Day program participants can depart at any time they wish, once they have signed out at the lodge. Participants are also welcome to stay until after the campfire program Saturday evening.

All scouts and scouters must sign out in the lodge prior to departing camp early.

Meals

Scouts and scouters will be assigned a meal rotation group to dine with for lunch and dinner in the Camp Sheppard Dining Hall. Breakfast is not provided. Hot cacao, tea, and coffee are all available throughout the day in the Dining Hall as well. Other snacks and drinks may be purchased in the camp Trading Post.

Forms & Packing List

- **Annual Health & Medical Record (Part A, B1, & B2) for each Scout and Adult**
- Warm Clothes
- Water Proof Boots
- Hat & Gloves
- Bicycle Helmet (required for tubing activities)
- Flashlight (if staying for Campfire)
- \$50 for the Trading Post and advancement offerings

Scouts who attend as day program participants may not change their reservation at camp to stay overnight.



Cub Scout Program



Leadership

The Chief Seattle Council uses the Guide to Safe Scouting and the current Youth Protection Policy at all of our properties. Adult leaders are responsible for monitoring the behavior of youth scouts. Two adult leaders who must be at least 21 years old, and are B.S.A. registered, are required. Male and female Scouts will have separate sleeping accommodations. Female scouts must attend camp with at least one female adult leader.

We typically recommend a 1 adult to no more than 5 scout ratio, however units can use their discretion. Young scouts typically thrive in new environments with parents or adult leaders they know well. For very young scouts (Tiger Scouts) we suggest parents attend with their son/daughter.

Cub Scout parents or legal guardians taking part in an overnight Cub Scout program with their own child or legal ward are not required to register as leaders.

Because of cabin sleeping arrangements, depending on space, changes to registration must be made to your online account at least one week prior to your weekend stay.

Arrival

Participants may arrive as early as 6:30pm and must be checked in by 9:00pm. Staff members will direct you where to park then direct scouts & scouters go the main lodge to check in.

All participants should plan to eat dinner prior to arrival!

Departure

Participants should plan to depart camp around 9:45am Sunday morning following cabin check out. Early departure is allowed with proper parent and camp permission. Those transporting scouts should be listed on their Annual Health & Medical record form.

All scouts and scouters must sign out in the lodge prior to departing camp early.



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Cub Scout Program

Program Overview

Cubs will have the opportunity to participate in an open program throughout the day Saturday. Scouts can decide what they want to do and when they want to do it based on the camp schedule! Activities are designed with a fun first mentality, and are not geared solely toward advancement. Winter Camp is a great time for cubs to experience the great outdoors, build lasting friendships and memories, as well as grow personally.

Winter Camp offers activities that are fun for all ages!

Program Areas

Activities are educational, interactive, and just plain fun! Learn to tie knots or cook in the outdoors at Scoutcraft. Try your skills and accuracy at the Archery and BB Gun ranges. Slide as far and as fast as you can at the Tube Hill. Show us your creativity at the Craft Lodge. Take a hike through the snowy woods of the Cascade Mountain Range. Last but not least take part in Winter Camp's newest program activity area, Cub Scout STEM.

Fun and adventure await your Cub Scouts at Winter Camp in 2024!

Activities are tentative, and subject to change as we hire our staff.

Campfire

Scouts will be offered an opportunity and are encouraged to perform in the Saturday evening campfire. Perform your favorite song or skit for the whole camp to see. Just make sure it's scouting appropriate! A sign up can be found in the lodge.

Hikes

No experience at Camp Sheppard is complete without going on one of our wonderful hiking trails around the property. Hikes vary in length and difficulty. The Snoquera Falls is a moderate 2.7 mile hike features scenic views of the White River valley, the White River trail takes you down to the glacial fed White River, while finally the Moss Lake Loop is an easy 0.7 mile hike offers old growth Douglas Firs that stood tall when Columbus landed in the Americas. There is a hike for everyone at Camp Sheppard!





CAMP SHEPPARD CUB SCOUT WINTER CAMP 2024 SCHEDULE ****DRAFT****

| FRIDAY NIGHT | | |
|---------------------|-----------------------|-------------|
| 6:30 to 8:45 | Check-in/Move in | Dining hall |
| 9:00 | SPL /Leaders Meeting | Dining hall |
| 10:00 | In cabins/Quiet time | Cabins |
| 11:00 | Lights out | Camp wide |
| SATURDAY | | |
| 6:00 | History Hike | Dining hall |
| 7:00 | 1st Breakfast | Dining hall |
| 7:35 | 2nd Breakfast | Dining hall |
| 8:10 | 3rd Breakfast | Dining hall |
| 8:40 | Flag Ceremony | Flag pole |
| 9:00 to 11:50 | Program Areas Open | Camp wide |
| 12:00 to | Grab & Go Lunch | Dining hall |
| 1:00 to 4:45 | Program Areas Open | Camp wide |
| 5:00 | Flag Ceremony | Flag pole |
| 5:10 | 1st Dinner | Dining hall |
| 5:45 | 2nd Dinner | Dining hall |
| 6:20 | 3rd Dinner | Dining hall |
| 7:00 to 8:00 | Personal Free Time | camp wide |
| 8:15 | Assemble for Campfire | Flag pole |
| after campfire | Cracker Barrel | Dining hall |
| 10:00 | In cabin / lights out | Camp Wide |

| SUNDAY | | |
|---------------|---|-------------|
| 6:00 | Polar Bear Hike | Dining hall |
| 7:30 | Flag Ceremony | Flag Pole |
| After Flags | Scouts Own Service | Chapel |
| 8:00 to 9:20 | Breakfast / Pack up / Clean Cabin / Check Out | Dining hall |
| 9:30 | Closing Ceremonies | Flag pole |

**HAVE A SAFE TRIP HOME!
SEE YOU NEXT YEAR!**

| Trading Post Hours | |
|---------------------------|--------------|
| Friday | 7:00 to 8:50 |
| Saturday | 8:00 to 8:00 |
| Sunday | 8:00 to 9:00 |

For specific advancement needs, please ask
any Area Director

PROGRAM AREA SCHEDULE

| | | <u>BB's/Archery</u> | <u>Craft Lodge</u> | <u>Nature</u> | <u>Scout skills</u> | | | |
|----------------|--|---------------------|----------------------|--------------------------|---------------------|----------------|----------------|-----------------|
| 9:00 to 9:50 | Open shoot | | Open crafts | Demo | Whittling Chit | Tiger Skills | Webelos Skills | Cooking demo |
| 10:00 to 10:50 | | | Arts | Nature Hike Moss Lake | Fire building | Wolf Skills | Bear Skills | |
| 11:00 to | | | | | | | | |
| 2:00 to 2:50 | Open shoot | | Open crafts | Demo | Whittling Chit | Bear Skills | Wolf Skills | |
| 3:00 to 3:50 | | | Craft compe- tion | Nature Hike Moss Lake | Fire building | Webelos Skills | Tiger Skills | |
| 4:00 to 4:45 | | | | | | | | |
| 9:00 | Star Watching - Weather permitting - Meet in Scout Skills | | | | | | | |

Scouts BSA Program



Leadership

The Chief Seattle Council uses the Guide to Safe Scouting and the current Youth Protection Policy at all of our properties. Adult leaders are responsible for monitoring the behavior of youth scouts. Two adult leaders who must be at least 21 years old, and are B.S.A. registered, are required. Male and female Scouts will have separate sleeping accommodations. Female scouts must attend camp with at least one female adult leader.

All adults staying one night or more in connection with a Scouting activity must be currently registered in an adult, fee-required position or as an adult program participant.

Because of cabin sleeping arrangements, depending on space, changes to registration must be made to your online account at least one week prior to your weekend stay.

Arrival

Participants may arrive as early as 6:30pm and must be checked in by 9:00pm. Staff members will direct scouts & scouters to the main lodge to check in.

All participants should plan to eat dinner prior to arrival!

Departure

Participants should plan to depart camp around 9:45am Sunday morning following cabin checkout. Early departure is allowed with proper parent and camp permission. Those transporting scouts should be listed on their Annual Health & Medical record form.

All scouts and scouters must sign out in the lodge prior to departing camp early.



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Scouts BSA Program

Program Overview

Scouts will have the opportunity to participate in an open program throughout the day Saturday. Activities are designed with a fun first mentality, and an advancement focus second. Winter Camp is a great time for units to bond and enjoy a weekend of fun in the snow without the pressure to advance!

Program Areas

Camp offers a variety of programs including: tubing (weather permitting), archery, crafts, outdoor skills, team building exercises, ecology/conservation, as well as hiking. For a general list of activities see the Scouts BSA see below. Please note these activities are tentative and subject to change as we hire our staff.

Archery: Archery basic skills, archery qualification, competition shooting & open shooting.

STEM: Photography Merit Badge

Craft Lodge: Leatherwork Merit Badge, Basketry Merit Badge & open craft time.

Nature: Second Class requirement 4, First Class requirement 5 & Moss Lake Trail nature hike.

Scout Skills: Totin Chip, Fireman Chit, Leave No Trace, Trail to First Class, EDGE method training & fire building competitions.

Scoutcraft: Snow Sports Merit Badge (weather dependent) & Fire Safety Merit Badge.

Hikes: Photography Merit Badge hike & the Snoquera Falls Hike.

Inner Tubes: Open anytime a staff member is supervising with proper safety equipment in use (weather dependent).

Campfire

Scouts will be offered an opportunity and are encouraged to perform in the Saturday evening campfire. Perform your favorite song or skit for the whole camp to see, just make sure its scouting appropriate! A sign up can be found in the lodge.

Hikes

No experience at Camp Sheppard is complete without going on one of our wonderful hiking trails around the property. Hikes vary in length and difficulty. The Snoquera Falls is a moderate 2.7 mile hike that is features scenic views of the White River valley, the White River trail takes you down to the glacial fed White River. Finally the Moss Lake Loop is an easy 0.7 mile hike that offers old growth Douglas Firs that stood tall when Columbus landed in the Americas. There is a hike for everyone at Camp Sheppard!





CAMP SHEPPARD

SCOUTS B.S.A. WINTER CAMP

2024 SCHEDULE ****DRAFT****

| FRIDAY NIGHT | | |
|---------------------|-----------------------|-------------|
| 6:30 to 8:45 | Check-in/Move in | Dining hall |
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SEE YOU NEXT YEAR!**

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For specific advancement needs, please ask any Area Director

PROGRAM AREA SCHEDULE

| | <u>Archery</u> | <u>Craft lodge</u> | <u>Nature</u> | <u>Scout Skills</u> | <u>Scoutcraft</u> | <u>Hikes</u> |
|--------------|---|--------------------------------|------------------------|---------------------|----------------------|---|
| 9:00 to 9:50 | Archery Ba- | Photography 9:00-10:30 | First Class # 5 | Totin Chip | Scout & Tenderfoot | Snow sport MB |
| 10:00 to | Archery Open Shoot | Leather Work 10:30 to 11:50 | Moss Lake Nature Trail | Firem'n Chit | Second & First Class | Snow shoeing if snow is available |
| 11:00 to | | | | Leave No Trace | | |
| 1:00 to 1:50 | Archery Awards | Basketry 1:00 to 2:50 | Second Class # 4 | Fire Build Contest | EDGE Method Training | |
| 2:00 to 2:50 | | | | Totin Chip | | |
| 3:00 to 3:50 | Archery Competition | Open Crafts/Photography Part 2 | Moss Lake Nature Trail | Firem'n Chit | Second & First Class | Snoquera Falls Hike departs from Scout Skills at 1:00 |
| 4:00 to 4:45 | | | | Leave No Trace | | |
| 10:00 | Midnight Fingerprinting in the Craft Lodge at 10pm | | | | | |