

- A wealth of knowledge of places to go.
- Great insight on how to properly prepare to safely and successfully carryout your groups high adventure.
- Group size: Minimum 6 maximum of 16
- For a weeklong trip budget about \$350.00 per person total cost including the fee to Karl
- Fee to Karl for training and outfitting is \$200.00 per person
- Outfitting includes: All personal and group technical mountaineering gear

Ice Axes Crampons Helmets Harness Carabiners Belay Devices

Pulleys Snow Pickets Prussic Slings Runners Ropes Mountaineering boots (sizes 4-14)

- Training consists of:
  - a) 1.5 hour for dryland training, introduction to mountaineering specific LNT, and personal gear selection.
  - b) 3 hour Prussic and rappelling training
  - c) Full day on snow basic mountaineering skills such as use of ice axe, crampons, rope, team travel, snow anchors (z-pully system), and self-rescue
- Deposit to reserve a specific week will be \$1000.00 per group,
  with the balance due in May when the training begins.
- Contact info: karlkohagen@hotmail.com, mobile phone 425-478-5427

