



WEBELOS

Requirements:

The Webelos rank is earned by completing six adventures as described below.

1. Be an active member of your Webelos den for three months.
2. Complete each of the five required adventures:
 - Cast Iron Chef
 - Duty to God and You
 - First Responder
 - Stronger, Faster, Higher
 - Webelos Walkabout
3. In addition to the five required adventures, complete at least one elective adventure of your den's or family's choosing (for a total of at least six adventures).
4. With your parent, guardian, or caring adult, complete the exercises in the pamphlet How to Protect Your Children From Child Abuse: A Parent's Guide.
5. Earn the Cyber Chip award for your age. <https://cubscoutideas.com/2854/bsas-cyber-chip-kids-internet-safety/> (The Cyber Chip requirement may be waived by your parent or guardian if you do not have access to the internet.)

Leaders Guide: <https://pigeonpost.scouting.org/wp-content/uploads/2019/07/Webelos-Leader-Guide.pdf>

Intro Video: <https://www.scouting.org/programs/cub-scouts/den-meeting-resources/den-leader-tips-tricks-video-series/#video-gallery-d5791a3-13>

September Week 1

Cyber Chip/Protect Yourself Rules

Note: For Cub Scout ranks; Tiger, Wolf, Bear, Webelos, and Arrow of Light the Cyber Chip requirement may be replaced with earning the Protect Yourself Rules Adventure.

Read, commit to, and sign the Level I Internet Safety Pledge. (BSA Cyber Chip blue card)
Watch the video "The Password Rap" and another video of your choosing. (NetSmartz.org)

Note: All Cyber Chips will expire annually. Each Scout will need to go to Netsmartz and complete 2 new resources to recommit to net safety and netiquette. Then, with the unit leader, the Scout can add the new date to the Cyber Chip card.



Protect Yourself

Complete each of the following:

1. Watch the "Protect Yourself" video lessons for this adventure.

<https://www.scouting.org/programs/cub-scouts/preview-adventures/protect-yourself-rules/>

2. Know the six Protect Yourself Rules.
3. Describe what cyberbullying is and identify things you should never tell about yourself to others when online.
4. Describe three ways to get out of a situation with someone who is making you feel unsafe.
5. List five safe adults you could tell if someone has made you feel unsafe.



WEBELOS WALK ABOUT

WEBELOS WALK ABOUT REQUIREMENTS:

1. Plan a hike or outdoor activity.
2. Assemble a first-aid kit suitable for your hike or activity.
3. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures.
4. With your Webelos den or with a family member, hike 3 miles. Before your hike, plan and prepare a nutritious lunch or snack. Enjoy it on your hike, and clean up afterward.
5. Describe and identify from photos any poisonous plants and dangerous animals and insects you might encounter on your hike or activity.
6. Perform one of the following leadership roles during your hike: trail leader, first-aid leader, or *lunch or snack leader.

September Week 2

Complete:

- Recite the Outdoor Code and the Leave No Trace Principles for Kids, which can be found in the Webelos Handbook. Brainstorm ideas for how Scouts can demonstrate those principles as they prepare for the hike and while they are on it. Remind Scouts that a requirement for this adventure is to recite both of these by memory. Scouts should practice saying them between this meeting and the next, when they will have the opportunity to demonstrate that they have learned them.
- ◆ Activity 1: Planning a Hike (Requirement 1)
 - Introduce the hike. If you have a map, either printed or digital, this would be a good opportunity to share it with the Scouts so they can visualize the location and the path they will take. Tell Scouts the following:
 - Where the trail is, how long it is, and any other relevant hike details
 - What they will see there
 - What they need to do to get ready for the hike
 - Have Scouts record the plan in their handbooks.

◆ Activity 2: Gear List and Weather

- Discuss the gear that Scouts will need to bring to be prepared for a hike. Include in the discussion the types of weather Scouts might encounter on the hike. Have them decide how they will be prepared for any possible emergency weather events. This is a good opportunity to make the connection to “A Scout is brave” as a Character Compass point.
- Have Scouts record the list in their handbooks.

◆ Activity 3: Building First-Aid Kits (Requirement 2)

- Display a prepared first-aid kit and give Scouts an opportunity to guess the items that are in the kit. Then take one item out at a time and ask Scouts why that item might be needed on a hike.
- Set additional quantities of each item out on a table so Scouts can build their own kits. Give each Scout a sturdy zip-top storage bag to contain the items. Allow the Scouts time to go around the table to gather the items and assemble their kit.

September Week 3

- Recite the Outdoor Code and the Leave No Trace Principles for Kids, which can be found in the Webelos Handbook. Brainstorm ideas for how Scouts can demonstrate those principles as they prepare for the hike and while they are on it. Remind Scouts that a requirement for this adventure is to recite both of these by memory. Scouts should practice saying them between this meeting and the next, when they will have the opportunity to demonstrate that they have learned them.

◆ Activity 1: Dangerous Plants and Animals Scramble (Requirement 5)

Resource: <https://qapigeonpost.wpengine.com/wp-content/uploads/2019/05/Dangerous-plants-and-animals.pdf>

- Review with Scouts the dangerous plants and animals described in the Webelos Handbook. Share with them any information you were able to find on hazards that may be found in your area.

◆ Activity 2: Lunch Planning (Requirement 4)

- Help Scouts brainstorm a list of ideas for lunch on the trail. Guide Scouts to good options for nutritious, simple food that travels well, does not require refrigeration, and will be easy to dispose of responsibly. Encourage Scouts to consider options for incorporating different food groups.
- When Scouts have agreed on a lunch menu, have them record the menu and their responsibilities for the meal in their handbooks.

September Week 4

- Recite the Outdoor Code and the Leave No Trace Principles for Kids, which can be found in the Webelos Handbook. Brainstorm ideas for how Scouts can demonstrate those principles as they prepare for the hike and while they are on it. Remind Scouts that a requirement for this adventure is to recite both of these by memory. Scouts should practice saying them between this meeting and the next, when they will have the opportunity to demonstrate that they have learned them.
- ◆ Activity 1: Den/Family Hike (Requirement 4)
 - Look for opportunities to point out items of interest in the natural surroundings and be alert to any dangerous plants or animals the den might encounter.
 - Monitor to ensure Scouts are keeping up comfortably and are on track to successfully complete the 3 miles. Encourage the Scouts to call for a break periodically to enjoy a view, look closely at some item of interest, and give everyone a break. Remind Scouts to drink water at each break.
- ◆ Activity 2: Lunch (Requirement 4)
 - Have your Scout identify the best spot, organize the distribution of food, and supervise the cleanup.
 - Be sure Scouts leave the lunch location cleaner than they found it.