



LION CUB SCOUTS

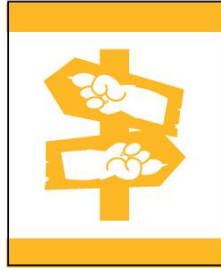
Requirements:

The Lion rank is an introduction to scouting and is not designed to be done on a weekly basis. Lion's may move at a pace of one "adventure" per month, bi-weekly or weekly. There are additional adventures to fit your child's pace and the time available.

The Lion rank is earned by completing the five adventures as described below. There are twelve total adventures but only the five below must be completed in any order. It is recommended that the Lion's Honor adventure be done first.

- Lions Honor
 - Fun on the Run
 - Animal Kingdom
 - Mountain Lion
 - King of the Jungle
1. Each adventure has associated activities to help Lion's relate to the adventure in a fun way. You may complete one or all the activities during the adventure.
 2. With a parent, guardian or caring adult, complete the exercises in the online pamphlet – How to Protect Your Children From Child Abuse: A Parent's Guide (found here <https://filestore.scouting.org/filestore/ypt/pdf/100-014.pdf>).
 3. You may wish to complete the Cyber Chip award. Cyber Chip may be waived by a parent or guardian if internet access is not available (found here for grades 1st – 3rd <https://www.scouting.org/training/youth-protection/cyber-chip/grades-1-3/>).

December, Week 1



Lion Holiday Adventures

Lions like all Cub Scout programs are family based; in December it is typical for Packs to put aside rank advancement for fun, family activities. Here are a few you might enjoy doing this month with your Lion.

Bingo Adventure:

Complete a bingo in any direction; vertical, horizontal or diagonally to win! It might be good to read these ahead of time to see which row can best be accomplished. Do one activity each week.

ADVENTURE BINGO

Complete the activities with help from a parent or family member. Be sure to take pictures as you go. When you get a BINGO, email the pictures of the activities and your finished BINGO card to your den leader!

Pitch a tent in your backyard or living room	Make up a new game and play it with a family member	Make three kinds of paper airplanes and see which flies farthest	Make an indoor scavenger hunt for a family member by hiding clues for them to find.	Make a foil packet dinner to cook in an oven or grill
Design a poster to teach people about Leave No Trace	Build the tallest tower you can using spaghetti and marshmallows	Make your own musical instrument using items from around the house and make up a song	Make a cartoon, comic, or storyboard to tell a story about a fun scouting adventure	Write a letter or email to someone in a hospital or nursing home
Make up an exercise routine to practice daily for a week	Make a sundial with a paper plate and a pencil. Look online for instructions		Make a blanket fort and camp out in your living room	Take a hike through your neighborhood or local park. Collect trash along the way
Write a letter or email to a Veteran to say thank you for their service	Learn and practice two new knots you didn't know before	Make up a new skit 2-3 minutes long	Make a time capsule & fill w/ 10 things that represent who you are. Hide it and don't open it for one year	With help from a parent, make a family tree showing at least three generations
With help from a parent, plan and prepare a meal for your family.	Set up an obstacle course and race against a family member	Build a boat out of recycled materials and test it in the bathtub	Think of a helpful chore you can do to help out with daily for one week	Paint, draw, sketch or color a self portrait

CUB SCOUT EDITION

30-Day Lion Challenge:

30 Day Lion Challenge

Help your Lion keep their skills sharp by taking on our 30-day challenge with activities to help with adventure and elective requirements!

Week 1 – Lion's Honor and Fun on the Run Week 2 – Animal Kingdom and Mountain Lion
 Week 3 – King of the Jungle and I'll Do It Myself Week 4 – Gizmos and Gadgets and Build It Up, Knock It Down
 Week 5 – On Your Mark and Rumble in the Jungle



		1	2	3	4	5
		Show good sportsmanship! Play a board game with your family.	Practice your Cub Scout salute.	Make a nutritious snack to share. What makes it healthy?	Repeat the Cub Scout motto. What does it mean?	Get moving! Show three different exercises, then try a new one!
6	7	8	9	10	11	12
Family discussion – What can you do in an emergency?	Make a thank you card for your local hospital, fire, or police department	Turn off lights when not in use. Can you do this the rest of the month?	Go for a family walk. How can you respect nature while outside?	Family discussion – what should you do if you get lost while outdoors?	Make a list of items needed for a camping trip. Pack what you can.	Build a blanket fort and practice camping. Did your list help?
13	14	15	16	17	18	19
Draw a picture of what a leader looks like. Share with your family.	Set the table for every meal	Practice tying your shoes	Family discussion – what is a good citizen?	Help make a checklist of your morning routine. Can you do any by yourself?	Watch a flag ceremony online. Why are people so careful with the flag?	Pick out your outfits for the next 3 days.
20	21	22	23	24	25	26
Explore motion. Build a ramp for a toy car and see how far it can go!	Build a tower out of blocks. How high can you make it?	Build a tower of blocks. Push it over gently. Then hard. Which one sent the blocks further?	Build a tower out of something not blocks. Was it easy? Hard? Why?	Using everyday objects, build something that can help people. *	Family discussion – can people be built up? Knocked down? How so?	Build a ramp. Launch toy cars of different weights. Which ones go further?
27	28	29	30			
Create a new game. What are the rules? Try it out with your family!	Draw a picture of your favorite jungle animal. Why is it your favorite?	Make a (safe) obstacle course outside. How fast can you go?	Pretend to be your favorite jungle animals. How do they move? Roar?			

*Objects can include toilet paper tubes, storage containers, LEGOs, pencils, paper – just about anything!

The 30-Day Lion Challenge follows electives for the Cub Scout Rank of Lion. Little lions can select activities to do throughout the month or do them all. **A Time for Giving:**

Lion's obey the Scout Law December is a good time to practice being KIND, CHEERFUL and HELPFUL.

They can make ornaments and cards for family, friends and local care centers or VFW Posts.

Here are some easy to do activities for little hands.

Enjoy this holiday time together!

