



# April Pack Meeting

## (Get to know the Kraken Cub Scout Event)

### Before the Meeting

- Email out details of April Pack Activity (Frisbee Golf)
- This month the pack meeting will be the Get to know the Kraken Cub Scout Virtual Event
  - [https://us02web.zoom.us/webinar/register/WN\\_d72cR\\_krQyi6qpTIJKXRYA](https://us02web.zoom.us/webinar/register/WN_d72cR_krQyi6qpTIJKXRYA)
- Email out promotional material with Event Details
  - Wednesday, April 21 at 6:30 pm
  - Event will be roughly 30-40 minutes long.
  - Scouts will have the opportunity to type in questions during a Q&A section.
  - The Q&A Section will include some questions related to some Cub Scout Adventure requirements.

### Event Outline

- Introduction – Kraken Senior Vice President Todd Humphrey, former hockey player and former Scout
- Overview of The Seattle Kraken (5-10 minutes)
  - History
  - Climate Pledge Arena
  - Kraken Training Center
- Opportunities to get into hockey (5-10 minutes)
  - Hockey Central Page
  - Kraken Youth Hockey Coming Soon
- Q&A (15-20 minutes)
  - Experiences in Pro Hockey and answering questions from Scouts.

### Related Adventures Covered during Q&A

- Lion
  - Fun on the Run!
    - 3. Understand the importance of rest.
- Tiger

- Games Tigers Play
  - 2. Talk about why good nutrition helps you be strong and active.
  - 5b. Talk with a coach or athlete about what it is like to participate in the sport.
- Webelos
  - Stronger, Faster, Higher
    - 1. Understand and explain why you should warm up before exercising and cool down afterwards.