

Socially Distanced Activities

Use sports cones to mark where people stand or sit to maintain distance. Strictly enforced! May need parent help.

Seated soccer: kids sit in chairs scattered around the field and kick the ball to each other and into the goal. Body part or butt has to stay connected to the chair. Adults retrieve ball from out of bounds. No hands touch the ball. Sanitize chairs after use.

Pop bottle or stomp rocket launch. Use foot pump.

Balloon Rockets. *Probably want to figure out a way to quickly switch out the balloons on the string.*

Frisbee golf: Like miniature golf. But instead of hitting a golf ball into a hole, players throw frisbees into numbered hula hoops, boxes or laundry baskets scattered around a large area. Each kid has their own frisbee. Start each kid at a different box. Rotate through the course. Lowest number of total throws wins.

Frisbee Toss: toss frisbees at several targets placed at different distances for points. Sanitize Frisbees after kids finish their turn. *How-to Book.*

Croquet. Each kid gets own mallet. Sanitize mallets after use.

Kick Croquet: make large wickets from metal coat hangers or U-shaped pool noodles attached to stakes. Kids kick balls through wickets. Start each kid at a different wicket and rotate through course. Can make obstacles (like mini golf). No hands touch the ball.

Kick Golf: Players kick the ball into hula hoop “holes”.

<https://www.twinkl.com/blog/15-social-distancing-games-you-can-play-outside>

Kick Bocce: players kick colored balls at target. Closest ball wins. *New since May.*

<https://www.pinterest.com/pin/796714990322372614/>

Kick Bowling: players kick the ball to knock over pins (milk cartons). *How-To Book.*

Pool Noodle Tag: players tag each other using pool noodles.

<https://www.extendednotes.com/after-school-activities/10-socially-distanced-games-to-keep-your-students-safe-and-active>

Treasure Hunt or Bingo: set up course ahead of time. People walk on designated path, trying to spot the items on the list or Bingo card. Can also be done as a drive-by scavenger hunt..

<https://ahundredaffections.com/7-easy-treasure-hunts-kids/>

Limbo: use a really long rope for people to go under.

Drive-in movie: kids make cars from boxes and sit in them during the movie.

Sidewalk Mural

Hopscotch

Jacks: players can use pebbles and small bouncy ball.

Kimo (No-ball Hawaiian Version):

Equipment: About 50 pebbles or small stones

Players sit on the floor with a pile of about 10 pebbles in front of them. (Each player needs the same number of pebbles.) Each player chooses one pebble for tossing. This is their *kimo* stone. Each player tosses their *kimo* up in the air and picks up a pebble from the pile and catches the *kimo* stone as it comes down, using the same hand. The player continues until s/he misses the *kimo* stone; then s/he stops. After everyone has finished, the player with the most pebbles wins. ('06-'07 Cub Scout Program Helps, "Aloha" theme)

Obstacle Course: use chalk to draw course on sidewalk or parking lot. Include actions such as do 5 jumping jacks, hop on 1 foot 7 times, spin around 3 times, etc.

<https://www.extendednotes.com/after-school-activities/10-socially-distanced-games-to-keep-your-students-safe-and-active>Bicycling

Bike Rodeo (How-To Book)

Hikes. Need to keep track of spread-out kids.

Flashlight Hike at night. Place things along trail for kids to see and maybe identify. Example: bicycle track in mud. Who or what made it?

Scavenger Hunt

Orienteering: Map for Yellow Lake in Sammamish. Destination points marked by Cub Scout neckerchiefs, hats, etc. *Suggested by David Bader, pack 682.*

Paper airplanes. Make at home and bring to the meeting.

Bat the Balloon Relay Race (partners or individual):

People watch from parking lot until their names are called for racing.

Partners: Two players on each team must run at the same time. The balloon is hit back and forth during the entire run using paper plates or rolled up newspapers. Need cones, chairs, etc. to mark lines 6 foot apart between partners.

Individual: one person runs while continually batting the balloon with their hand or a paper plate.

<https://recreation.eku.edu/events/indoor-activities-help-during-social-distancing-times>

Crafts or projects: if kids stay in assigned areas 6 feet apart. Challenging to instruct kids from 6 feet away.

Socially Distanced Olympics

see Field Day found in Special Pack Events section in How To Book

If the Olympic Rings look a little funny, it's because they're practicing safe social distancing.

Hands free, individual events. Maybe have staggered arrival times and schedule for families.

Team scoring: Families, dens combine individual scores for team score. They don't need to do the event at the same time. Examples: 123.5 feet combined distance score for long jump or shoe put; 27 minutes 45 seconds combined time score for a race; 2 feet 8 inches water height for swimming race.

Events:

Shoe-put (kick shoe off over head while laying on back)

Long Jump: running and standing

Obstacle Course

Races: lanes 6 feet apart, or have solo races for timed score

10-meter dash

Kangaroo Hop (balloon between knees); 1 legged hop; Frog Hop; Crab Walk

Swimming Race: hop on 1 foot carrying cup of water. Racer/team with most water in cup at end of race wins. (Each person gets own cup.)